

JEW'S HAVE FAITH ONLY IN HASHEM **BULLETIN 33**

And what is emunah? The beginning of emunah is that one trust in G-d and fear nothing. He must acquiesce in G-d's decree, and give himself and his soul to Him. All of his dealings and his words must be with emunah and uprightness. He must say of what is so, that it is so, and of what is not so, that it is not so. He must not rush to get rich, but trust in the Holy One Blessed be He in all of his affairs, as it is written (Psalms 37:3): "Trust in the L-rd and do good. Dwell in the land and 'graze' emunah." And what he promises he must fulfill according to his ability.

...And know, my sons, that emunah engenders tolerance, one's tolerating all that the Holy One Blessed be He decrees upon him, whether for good or ill, and accepting all that the Creator forbade him, trusting that the Creator will grant him recompense in time to come. As a certain sage said: "Tolerance is of two kinds: tolerating afflictions and tolerating what the Creator has forbidden." And: "Remembrance is of two kinds: remembering tolerance in time of affliction, and remembering the Creator by what he forbade to you as separating you from Him."

My sons, if you are visited by affliction, have tolerance nearby to overcome it with. And give thanks to the Creator for what He decreed upon you. For the greatest wealth is tolerance. A certain sage said: "He who strengthens his tolerance in time of affliction will attain his ends through exaltedness of heart."

My sons, if desire grows strong within you, humble it with tolerance. For tolerance is one of the traits of the saintly. One who forbears will be a master. If he tolerates one thing in others today, in the end, they will tolerate many things in him. MAALE HA MIDDOT

Rebbe Nachman says: "When a person fails to focus on the ultimate purpose then what is the point of his life? The soul constantly yearns to do the will of her Maker. When she sees that this person is not carrying out His will, the soul becomes filled with yearning to return to her Source, and she prepares to leave the body. As a result, the person becomes sick, because the power of his soul is weakened., owing to the fact that she is trying to withdraw from his body since he is not carrying out her desire. The soul's only wish is that he should carry out G-d's will.

"The reason a person's health returns through taking medicines is that his soul sees that he is able to control himself and to act contrary to his physical desires and habits. Perhaps he is accustomed to eating bread and other foods, but now he curbs his desires and submits to a medical regime, taking bitter medicines for the sake of his health. His soul sees that he has the power to control his impulses in order to achieve a certain goal, and she therefore comes back to him in the hope that he will curb his desires for the sake of the true purpose — which is to carry out the will of the Creator" (Likutey Moharan 1, 268)

IT IS BETTER FOR A PERSON TO BE CONSIDERED A FOOL THROUGHOUT HIS ENTIRE LIFE BY MAN, THAN TO BE CONSIDERED WICKED FOR ONE MOMENT IN THE EYES OF G-D (MISHNA EDUYOT 5:6)

DID YOU NOTICE THAT THE FURTHER PEOPLE ARE FROM THE TRUTH THE MORE THEY CONSIDER SOMEONE WHO TURNS AWAY FROM EVIL TO BE A FOOL? REBBE NACHMAN, SEFER HA MIDDOT, EMET